

A serene sunset scene over a body of water. The sun is low on the horizon, creating a bright glow and a shimmering reflection on the water's surface. In the foreground, an open book with white pages and a dark cover lies flat on a dark surface, possibly a table or a boat deck. The text is overlaid on the image in a gold, serif font.

Getting Ready for Sunday!

25 August 2025

Twenty-First Sunday in Ordinary Time

The Words of Eternal Life



John 6:60-69

When many of his disciples heard it, they said:

This teaching is difficult; who can accept it?

Does this offend you?

The disciples were
disgusted at the idea of
eating of Jesus' Body!



‘But Jesus, being aware that his disciples were complaining about it, said to them:

Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.



Jesus was helping them to understand that they must take Him in spirit and not just in flesh so that they could be one with Him even in His physical absence.

Can you trust that Jesus is with you, even when you feel that He is absent?

For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said: For this reason I have told you that no one can come to me unless it is granted by the Father.



Jesus knows that we can only be true to God and to ourselves when we are truly unselfish!

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, ‘Do you also wish to go away?’

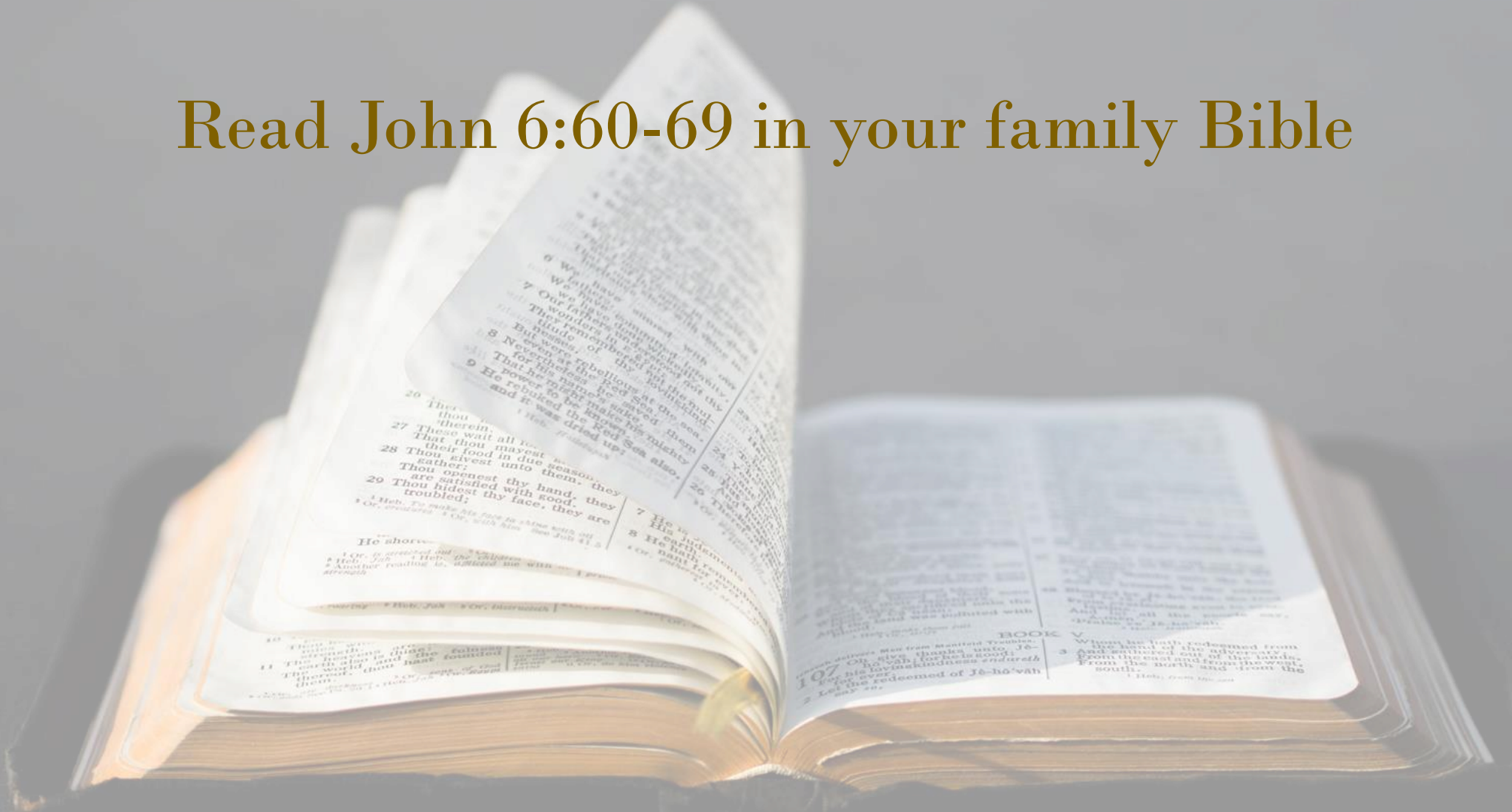
Simon Peter answered him, ‘Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.’



Take some quiet time and place yourself in the place of Peter to hear Jesus' words to you.

Bible Search

Read John 6:60-69 in your family Bible



6 We have said these things, and they
wondered among themselves, saying,
How can this man know our thoughts,
when we have said nothing to him,
and he says these things?
7 Our fathers have said, Jesus
is the Son of David, the Son of Joseph,
and he says, I have said these things,
and he knows our thoughts?
8 Now Jesus answered and said unto
them, **7** Why do you wonder, because
I have said these things to you, because
you do not know my Father?
9 He rebuked them, saying, **8** For
you do not know my Father, though I
have said these things to you, and you
do not know me.

10 He that has seen the Father, he
has said these things to you, and he
that has not seen the Father, he has
not said these things to you, and he
that has not seen the Father, he has
not known the Father.

11 He that has seen the Father, he
has said these things to you, and he
that has not seen the Father, he has
not said these things to you, and he
that has not seen the Father, he has
not known the Father.

12 He that has seen the Father, he
has said these things to you, and he
that has not seen the Father, he has
not said these things to you, and he
that has not seen the Father, he has
not known the Father.

13 He that has seen the Father, he
has said these things to you, and he
that has not seen the Father, he has
not said these things to you, and he
that has not seen the Father, he has
not known the Father.

14 He that has seen the Father, he
has said these things to you, and he
that has not seen the Father, he has
not said these things to you, and he
that has not seen the Father, he has
not known the Father.

BOOK V
107 On give thanks unto Je-
hovah his lovingkindness endareth
ever.
2 Let the redeemed of Je-ho-vah
say so.

SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

John 6:60-69

In this chapter Jesus teaches that the meaning of his life, and the meaning of all human life, lies in being prepared to give of oneself. Perhaps you can identify with what Pope Francis says: ‘Those who enjoy life most are those who leave security on the shore and become excited by the mission of communicating life to others ...’ (Pope Francis: *Evangelii Gaudium*, No.10)

‘This teaching is difficult’, complained his hearers, including some of his own followers. Perhaps at times you also have wondered if you could go along with it. What helped you to overcome your resistance?

‘Lord, to whom shall we go? You have the message of eternal life.’ In the midst of your doubts perhaps you have held on to belief because, like Peter, Jesus offered you a more hopeful message than you could find anywhere else. How has the gospel message been more attractive to you than any other?

‘The words that I have spoken to you are spirit and life.’ Recall the words and phrases of Jesus that are word of life for you.

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Consider



Do you live like Jesus?

Praying to Jesus

Pray for the grace to know that you are a part of Jesus.

Ask God to help you to increase your faith.

