



Getting Ready for Sunday!

18 August 2024

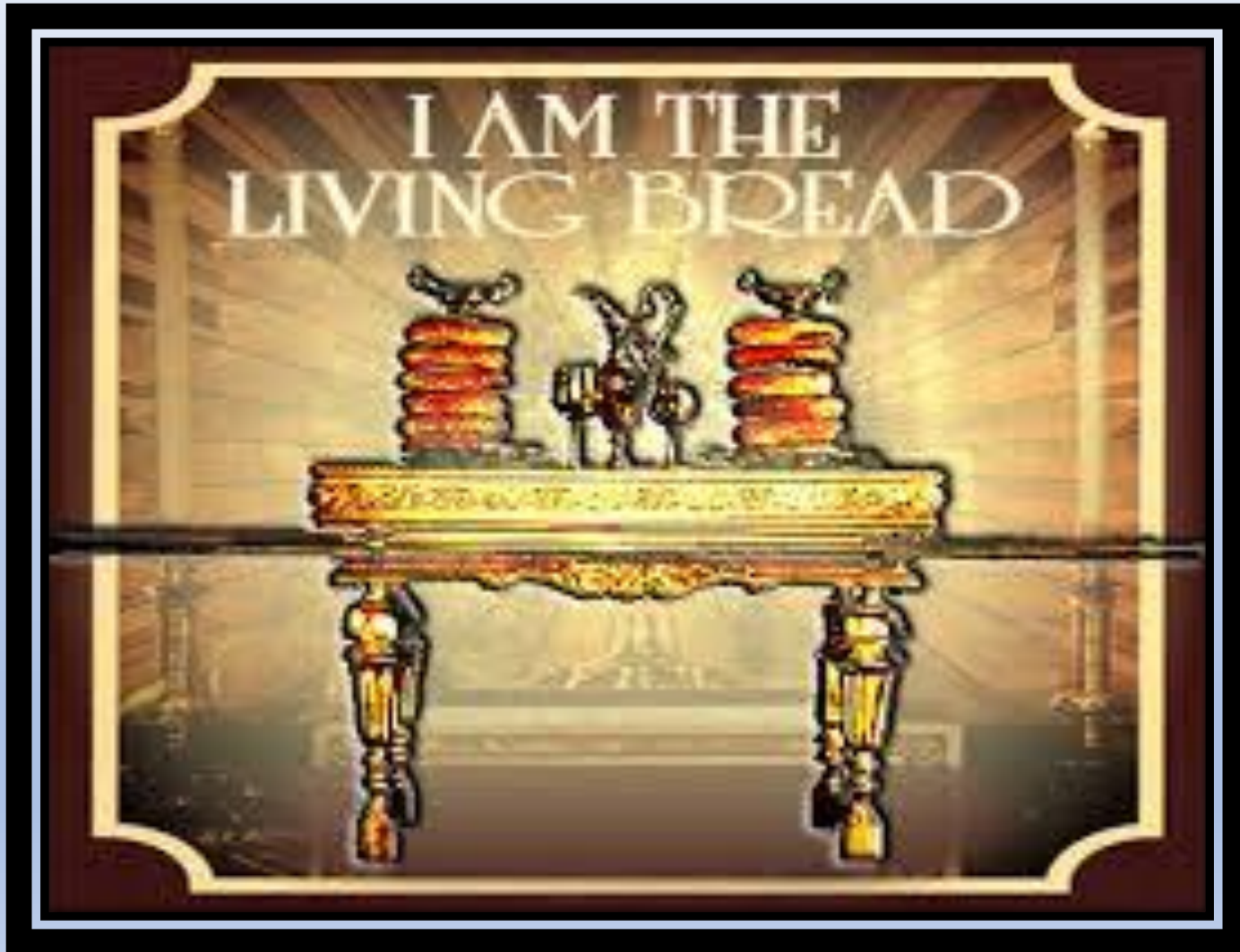
Twentieth Sunday in Ordinary Time

I am the Living Bread

John 6:51-58



I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'



The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.'



We can find our truest meaning for life in our unity with God in Jesus—we are part of Christ!

Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink.

Jesus leads the way for us to live with God in this life and in heaven.



Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me.



1 CORINTHIANS 12:27

PART OF IT

This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'



Bible Search

Read John 6:51-58 in your family Bible



SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

John 6:51-58

Jesus tells us that to have life we need more than physical nourishment. How have you been aware of deeper hungers? What has met that deeper longing in you?

Jesus tells us that it is not just something he gives us which will give us life, but himself in his life, death and resurrection. How has your faith in the person of Jesus fed you?

Jesus speaks about ‘drawing life’ from him. In day to day living what are the practices which support your faith and help you to draw life from Jesus?

Perhaps you can also think of human examples of people drawing life from one another. From whom have you drawn life? Who has been able to draw life from you?

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Consider



Do you live like Jesus?

Praying to Jesus

A woman with long blonde hair, wearing a red beanie and a red robe, is sitting on a large, flat rock. She is looking down at a book or a small object in her lap. The background is a misty, mountainous landscape with some trees on the left and a small plant in the foreground.

Pray for the grace to know
that you are a part of Jesus.

Ask God to help you to
increase your faith.