



Getting Ready for Sunday!

21 July 2024

Sixteenth Sunday in Ordinary Time

Come Away and Rest a While
Mark 6:30-34



The apostles gathered around Jesus, and told him all that they had done and taught. He said to them:

Come away to a deserted place all by yourselves and rest a while.



Jesus could see that the apostles were tired and busy doing for others.

He knew that they needed to take some time apart with Him.

When do you take time to have quiet time with Jesus?

For many were coming and going, and they had no leisure even to eat.
And they went away in the boat to a deserted place by themselves.

Where do you go when you want a
moments quiet to nourish your own spirit?




They could not get a
moments peace and
quiet as people always
wanted more from
them!

Now many saw them going and recognised them, and they hurried there on foot from all the towns and arrived ahead of them.



As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.



A background image of autumn trees with vibrant orange, red, and yellow foliage. The trees are slightly out of focus, creating a soft, warm atmosphere. The colors transition from bright yellow in the center to deep reds and oranges towards the edges.

come with me
by yourselves
to a quiet place
and get some rest.

mark 6:31



Bible Search

Read Mark 6:30-34 in your family Bible

SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

Mark 6:30-40

1. The apostles reported to Jesus all that they had done and taught. Perhaps you have had the experience of being able to check in with somebody and share an experience. What was that like for you?
2. Jesus saw that the apostles needed to rest and eat. What has been your experience of finding a restful place after a busy day? What kind of nourishment have you found necessary in order to live with energy and enthusiasm? What have these insights taught you about life?
3. When Jesus saw the crowd, he recognised their need and reached out to them. Who has been a Jesus person for you, someone who recognised your need and reached out to you? For whom have you been a Jesus person in that way?
4. It sometimes can be difficult to strike a balance between responding to the needs of others and meeting our need for rest and nourishment. What has helped you to keep the balance right?

Consider



What is God asking of you today?

Praying to Jesus

Pray for the grace to hear where God is sending you.

Ask God to help you to
become more open to seeing
Jesus in ordinary places.

