

# Getting Ready for Sunday!

## Sunday, 9 July 2023



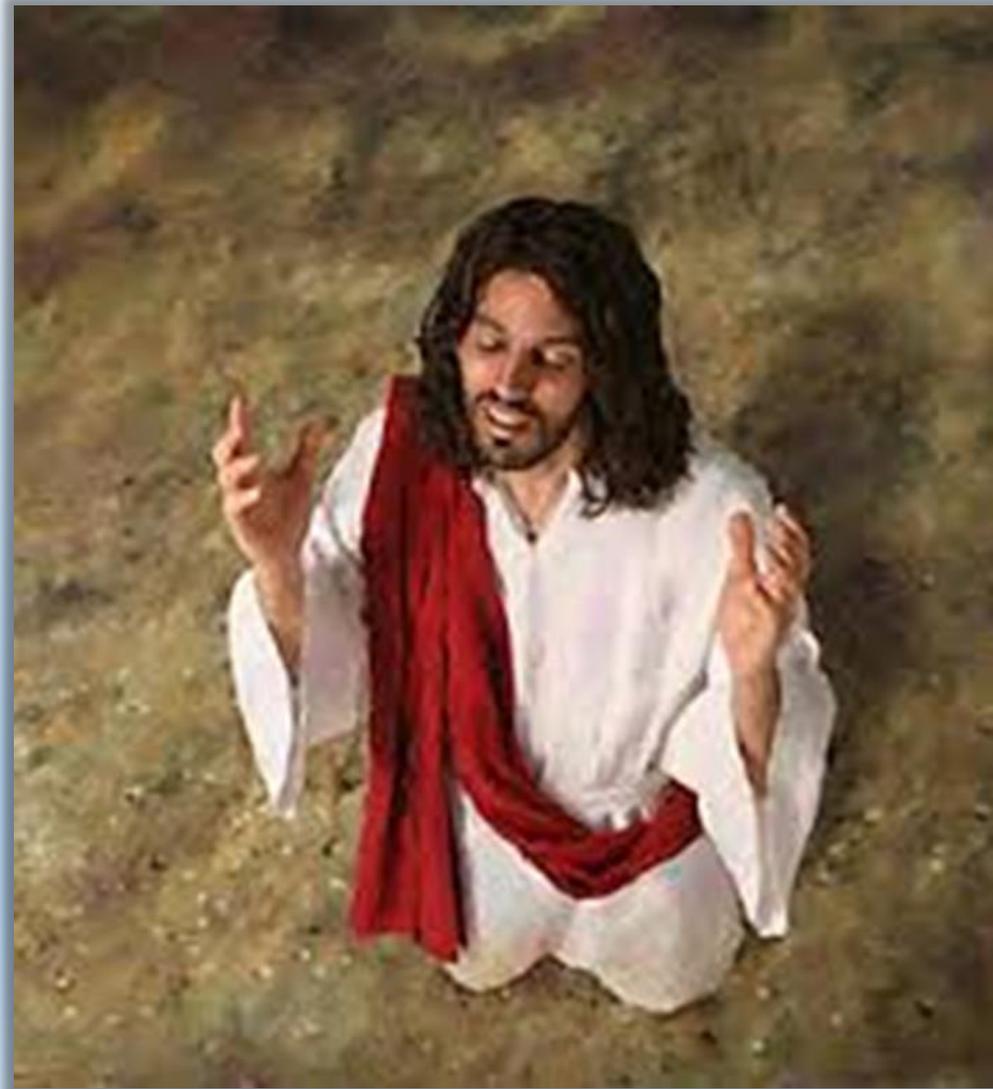
# Fourteenth Sunday in Ordinary Time

*Ordinary is a season of growth. The colour for this season is green.*

*God is with us in every ordinary moment of life. We look for God in the ordinary bits and pieces of life!*

*Jesus never forgot to say thank you to God our Father! We often remember to ask God for what we need....how often do you remember to say thank you for the gift of each day..the gift of health...the gift of friends..the gift of life...the sunshine*

**Matthew 11:25-30**  
**Jesus Thanks His Father**



# At that time Jesus said:

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do.'

Jesus gave thanks to  
God the Father!

What can you give  
thanks to God for  
today?

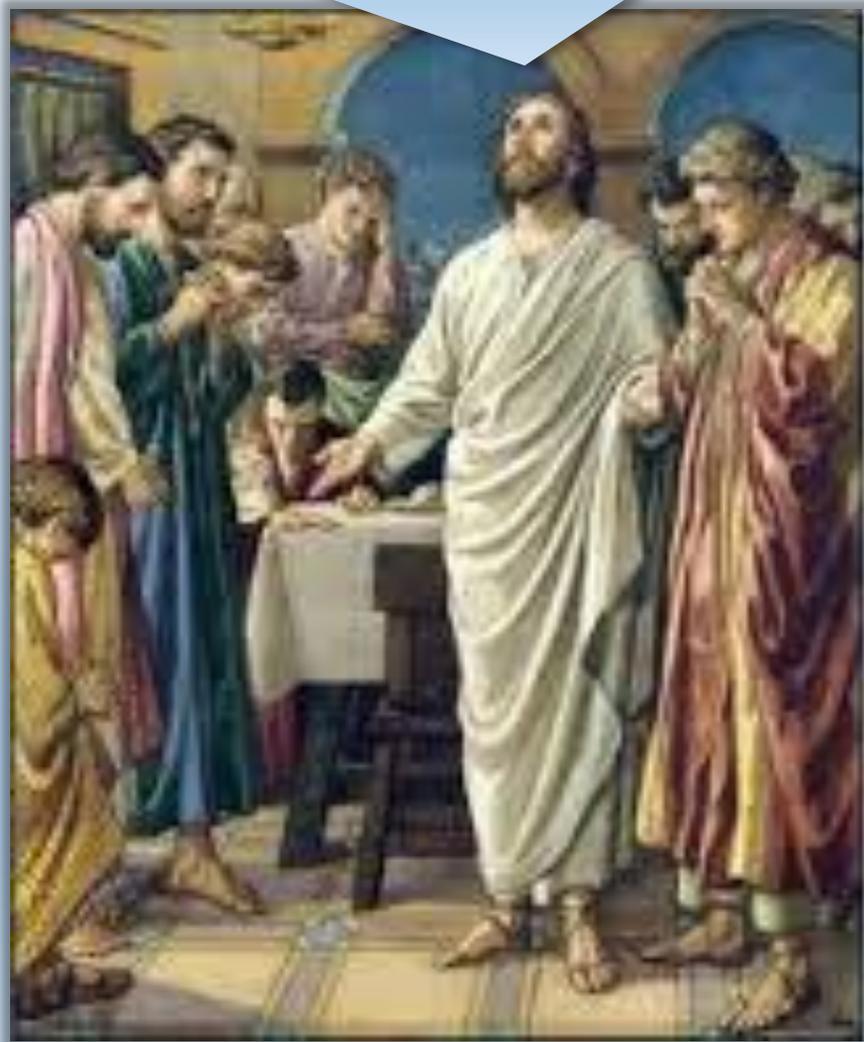


Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

God the Father has shown  
God to us through Jesus,  
His Son.

How well do you know  
Jesus?

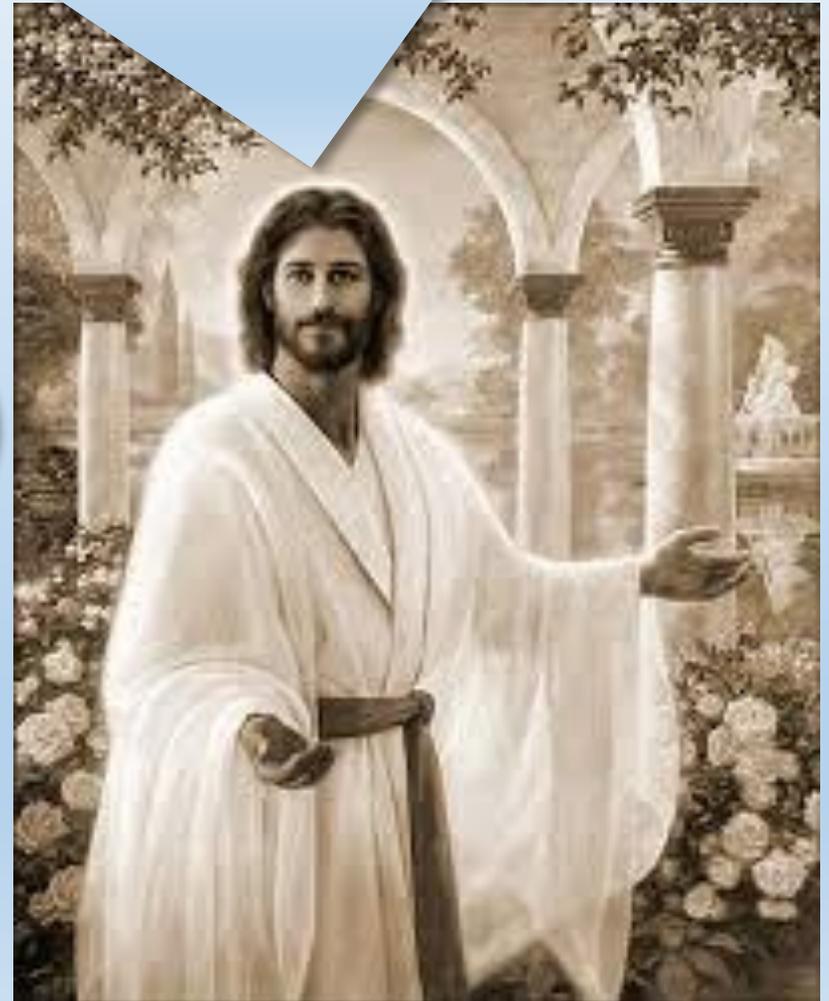
Jesus showed God to us.  
How can you show Jesus  
to others?



Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

What burdens do you need to share  
with Jesus today?

What do you ask of God today?

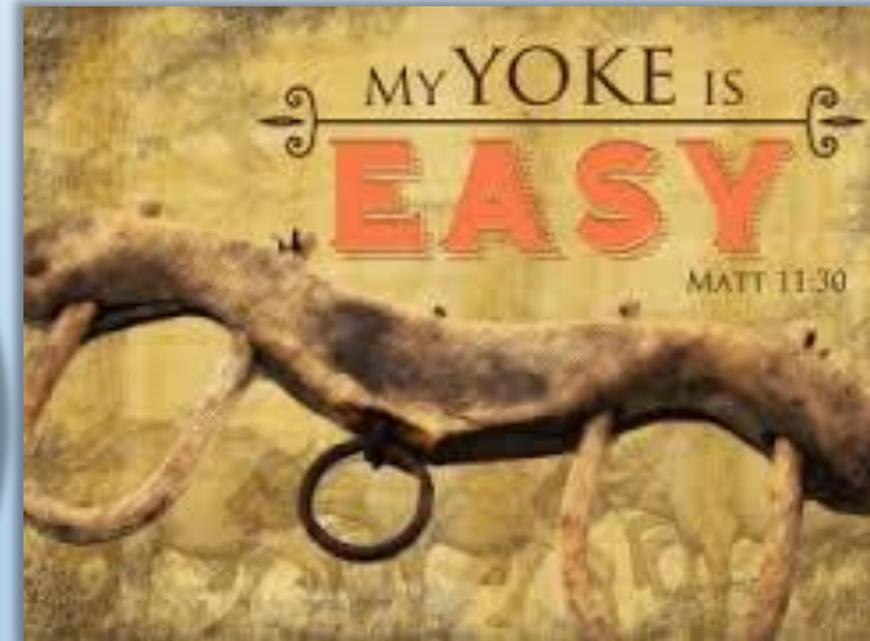


Shoulder my yoke and learn from me, for I am gentle and humble in heart ...

Just trust that God keeps this promise to you!

A yoke is a shoulder bar that is placed over oxen, horses or donkeys. A cart or panier or plough is hooked onto the yoke so that the load can be pulled.

If the load is very heavy, a larger yoke is placed over the shoulders to two animals so that the load is shared. We never carry any burden on our own, unless we choose to do so!



... and you will find rest for your souls.

Peace of heart one of the signs of  
our unity with God! – even when  
life is difficult.



Let God share your load!

**Yes, my yoke is easy and my burden light.**

**All burdens are easier to bear if we trust God and believe that God is with us every step of the way!**



**Sometimes holding onto anger, resentment or bitterness keeps us from accepting Gods help!**

## Bible Search

Read Matthew 11:25-30 in your family Bible-this is the Gospel reading at Mass this Sunday.

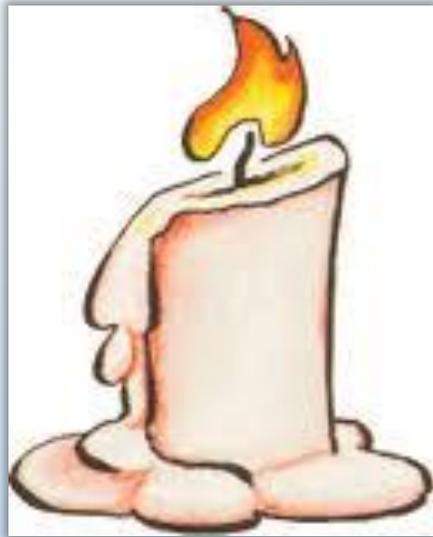


# Consider



What burden do you need to let go of or share with God today?

# Praying to Jesus



Pray for the grace to know Gods Peace.

Ask God to help you to let go of all  
that keeps you from having peace  
of mind and rest.

