

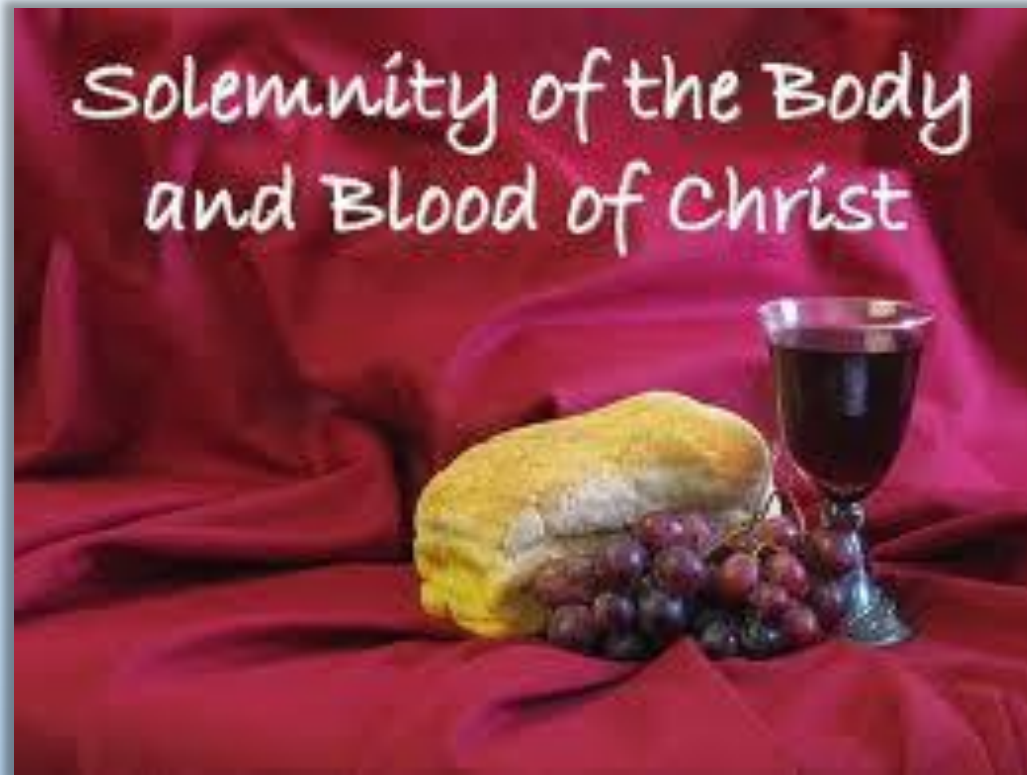
Getting Ready for Sunday!



Feast of the Body and Blood of Christ

Sunday, 11 June 2023

The Feast of the Body and Blood of Jesus is an opportunity for us to give thanks to God for the gift of the Eucharist (Mass) first begun on Holy Thursday at the celebration of the Last Supper.



We each have an invitation to the table of the Last Supper-to a place which is uniquely ours. Christ eagerly awaits us, in the same hopeful way that He waited for those who first sat with Him on Holy Thursday. He calls us lovingly to Him to share His company. This is our place of family belonging!

John 6:51-58

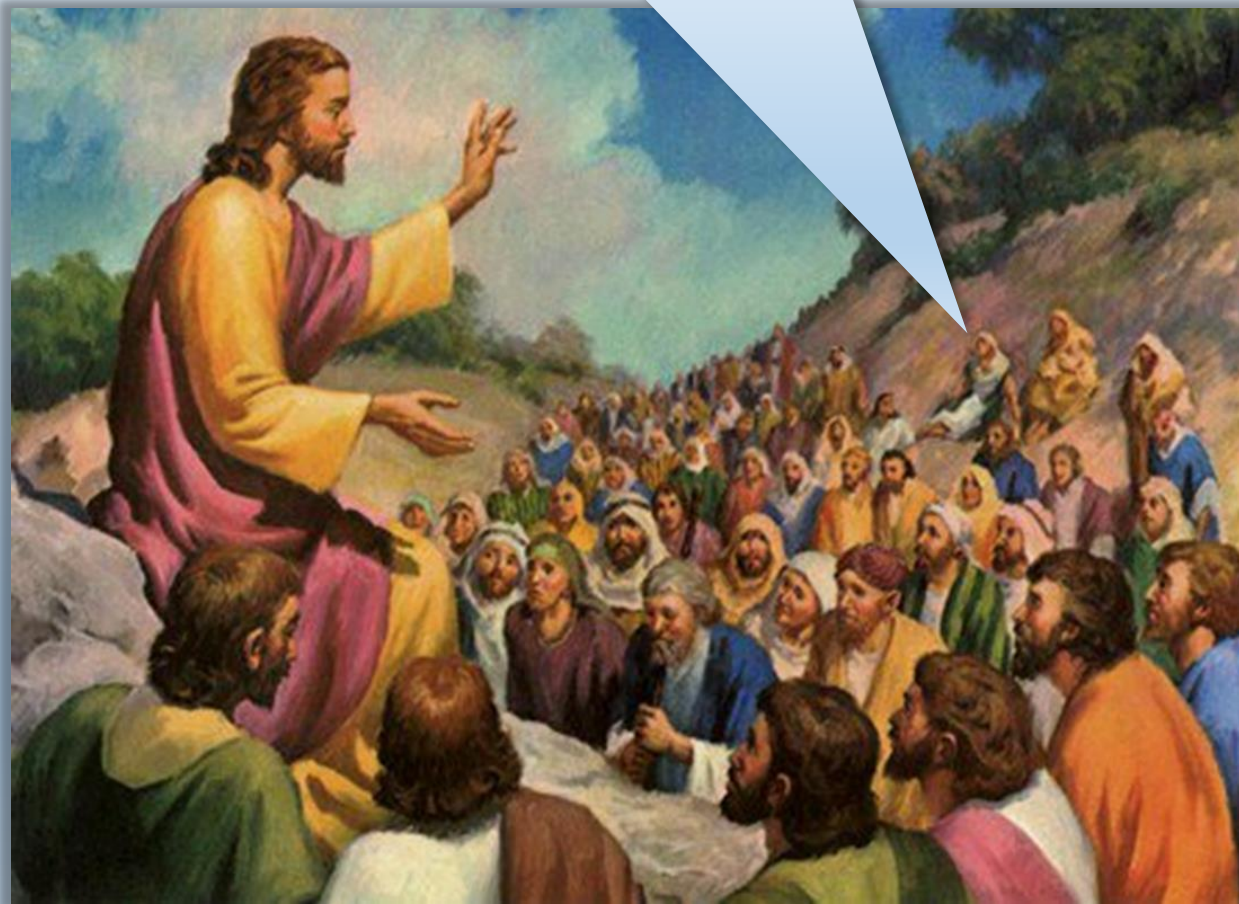


I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for
the life of the world.



Then the Jews started arguing with one another:

How can this man give us his flesh to eat?



Jesus replied:

I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink.





He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me.

When we receive the Eucharist we become fully united with God and choose to live our lives for God instead of for selfish purposes.



This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.



Jesus shares the gift of the resurrection and eternal life with us. He earned it for us by the way He lived His life among us and in His rising from the dead.

Now that we share a part in God, we also will rise with Jesus.



Bible Search

Read John 6:51-58 in your family Bible-this is the Gospel reading at Mass this Sunday.

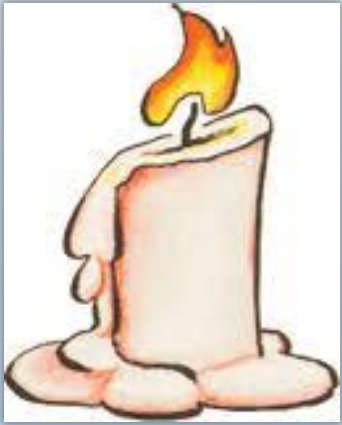


Consider



Name all the gifts God has given to you.
Give thanks to God for each of these gifts.

Praying to Jesus



Pray for the grace to be more grateful this week.

Ask God to help you to
give thanks to God and
others this week.

