

Getting Ready for Sunday!



Seventh Sunday in Ordinary Time  
19 February 2023

Matthew 5:38-48

Love Enemies



Concerning Retaliation

Love enemies



You have heard that it was said, “An eye for an eye and a tooth for a tooth.” But I say to you, Do not resist an evildoer. But if anyone strikes you on the right cheek, turn the other also;

If someone does something wrong,  
don't run away!  
Stand up for what is right even if it is difficult to do!  
Bad things happen when good people do nothing!







Stop trying to hold onto  
what doesn't really  
matter!

Let go of grudges!  
Be the first one to forgive  
when the time is right!  
Share what you have!

and if anyone wants to sue you and take your coat,  
give your cloak as well; and if anyone forces you to go  
one mile, go also the second mile.



Give to everyone who begs from you,  
and do not refuse anyone who wants to borrow from you.



Give your hands  
to **serve**  
and your hearts  
to **love.**

Mother Teresa  
[VERYBESTQUOTES.COM](http://VERYBESTQUOTES.COM)

Even your enemies  
are children of God –  
made by God –  
unique – have a God-  
given purpose in life,  
just like you!

Treat all people as  
you would like to be  
treated yourself!

‘You have heard that it was said, “You shall love your neighbour and hate your enemy.” But I say to you, Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven; for he makes his sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous.





For if you love those who love you, what reward do you have?

Do not even the tax-collectors do the same?

And if you greet only your brothers and sisters, what more are you doing than others?

Do not even the Gentiles do the same?



***BE PERFECT***  
*just as your heavenly Father is perfect.*

[stephencuyos.com](http://stephencuyos.com)

Matthew 5:48



The weak can  
never forgive.  
Forgiveness is  
the attribute of  
the strong.  
- Mahatma Gandhi



## Bible Search

Read Matthew 5:38-48 in your family Bible –  
this is the Gospel reading at Mass this Sunday.



# Consider



What is the extra mile that you need to go this week?

# Praying to Jesus



Pray for the grace to be fair and just in all thoughts and actions this week.

